



## GLUTEN FREE BREAKFAST AND BRUNCH MENU

served Monday to Saturday 8am-12pm,  
last breakfast orders 11am Sundays and Bank Holidays

### **The Full English** 10.50

Smoked back bacon, free range eggs, sautéed field mushrooms, hash browns, grilled tomatoes and a G/F roll

### **The Small English** 8.30

Everything from the Full English but for smaller appetites

### **The American** 10.50

Free range eggs (your way), crispy back bacon, hash browns, a toasted G/F roll and butter  
and side order of 2 American style pancakes served with maple syrup **OR** 2 cinnamon pancakes, served with a creamy vanilla icing

### **Eggs on Toast** 6.50 V

A toasted G/F roll and butter, with either fried, poached or scrambled eggs

- add avocado 2.00

### **Garnetts Smoked Back Bacon in a G/F Roll** 5.25

### **American Style Pancakes** V

2 traditional American pancakes, served with maple syrup 5.00

2 cinnamon pancakes, served with a creamy vanilla icing 5.00

- additional pancakes 2.50
- add a scoop of vanilla ice cream 1.90

### **Toasted G/F Roll and Butter** 1.90 V

by

PIE & PINT  
INNS

The Real Food Pub Company

## GLUTEN FREE SPRING / SUMMER MENU

available Monday to Saturday 12pm-9.30pm

All our full sized mains are served with a complimentary gluten free roll.  
Any menu items that would usually be served with bread will be served with a gluten free roll.

\* Available on a Sunday \*\* Available in small

### Sandwiches - all served in gluten free bread

**CLUB SANDWICH 8.45**  
Chargrilled bacon, grilled chicken, creamy mayo, lettuce and sliced tomato.  
Served in a toasted G/F roll

**ATLANTIC PRAWN SANDWICH 7.95**  
Tossed in Marie Rose sauce, with crisp lettuce & tomato. Served in a G/F roll

**PLOUGHMAN'S SANDWICH 6.95**   
Mature cheddar cheese, tomato, sliced onion, cucumber, lettuce and fruit chutney.  
Served in a G/F roll

**BRIE AND CRANBERRY MELT 6.95**   
Melted brie on a toasted G/F roll with cranberry sauce  
**Add bacon £1.65**

### Starters

**HOMEMADE SOUP OF THE DAY 4.95**   
Served with a G/F roll and no croutons \* \*\*

**CLASSIC CAPRESE SALAD 6.95**   
Sliced mozzarella, tomato & basil served with rocket and a balsamic drizzle \*

**CHICKEN LIVER PATE 7.25**  
Served with red onion marmalade chutney and a toasted G/F roll \*

**ATLANTIC PRAWN SALAD 7.50**  
Crisp lettuce, tomatoes, cucumber, with homemade Marie Rose sauce and a toasted G/F roll \* \*\*

**CHARGILLED CHICKEN TENDERS 7.55**  
Strips of tender chicken breast, chargrilled and served with a salad garnish and barbeque dip \*

### Mains

**HAM, EGG & CHIPS 12.95**  
Hand carved ham, served with two fried eggs, seasoned chips and a fruit chutney

**FISH & CHIPS 14.50**  
Served in G/F batter, with minted garden peas, seasoned chips & homemade tartare sauce \* \*\*

**LUXURY FISH PIE 15.95**  
Smoked haddock, salmon, white fish and Atlantic prawns topped with mash potato, cheese and grilled tomato, served with seasonal vegetables \* \*\*

**8oz SIRLOIN STEAK 20.95**  
With grilled tomato, crispy *Golden Crust* onion rings, mushroom and seasoned chips \*\*  
**Add wild mushroom and brandy sauce for £2.50**  
**Add a fried egg £1.60**

**HUNTERS CHICKEN 14.95**  
Free range butterfly chicken breast, smoked back bacon, mature cheddar cheese and a barbeque sauce, served with seasoned chips, house slaw and a corn on the cob \*\*

**MEXICAN STYLE NACHOS 10.95**   
Crisp tortilla chips topped with melted cheese, guacamole, refried beans, sour cream & jalapeños \*\*  
**With chicken £14.95**

**GOURMET CHEESEBURGER 13.50**  
Chargrilled, homemade beef burger in a G/F roll, topped with mature cheddar cheese, crisp lettuce, sliced tomato, gherkin and creamy mayo. Served with seasoned chips and house slaw  
**Add bacon £1.65**

**"SUMMER" RISOTTO 13.50**   
A slow cooked creamy risotto, with tomatoes and red onions, served with a sherry cream sauce, rocket and Parmesan shavings  
**Add chicken £3.65**

**LUXURY GREEK SALAD 13.25**   
A traditional Greek salad, crisp lettuce, tomato, cucumber & red onions, topped with feta cheese, mixed olives and a basil vinaigrette dressing  
**Add chicken £3.65**

### "Catch of the Day"

Please ask your server regarding our fish dish of the day (market price)

## SUNDAY ONLY - All roasts served with roast potatoes, seasonal fresh vegetables and gravy - available 12 noon -9pm

**ROAST SIRLOIN OF BEEF 16.95** \*\*  
**GARNETTS FARM ROAST PORK & CRACKLING 14.45** \*\*  
**FREE RANGE ROAST CHICKEN 14.45** \*\*

### "Catch of the Day"

Please ask your server regarding our fish dish of the day (market price)

### Nibbles

**SEASONED CHIPS 3.50**  
**"POSH" CHIPS 4.35**  
topped with truffle infused oil and Parmesan cheese  
**GARLIC BREAD 3.50**  
**CHEESY GARLIC BREAD 3.90**  
**MIXED OLIVES 3.75**

### Desserts

**LUXURY ICE CREAM or SORBET 1.90 per scoop**  
mix & match or simply enjoy on their own  
**CHOCOLATE BROWNIE 7.25**  
Gluten free homemade brownie served with vanilla ice cream, a rich chocolate sauce and a cherry compote  
**CLASSIC AMERICAN SUNDAE 7.50**  
Chocolate & vanilla ice cream, fudge sauce, peanut butter sauce, served with fresh cream, fudge & chocolate sprinkles and a cherry on the top

### Gluten Free Beer

**DAURA DAMM 5.4% ABV 3.95**